

2023 Food and Housing Report

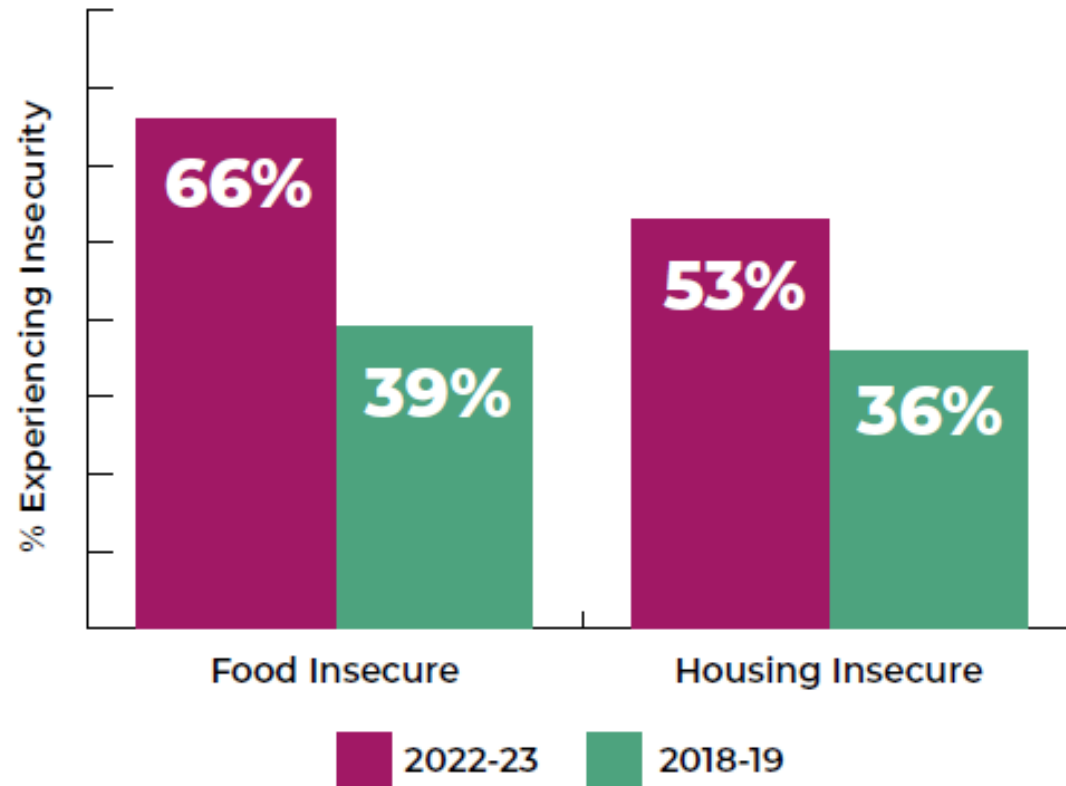
Understanding Students' Basic Needs

Data, Analysis, and Research Team

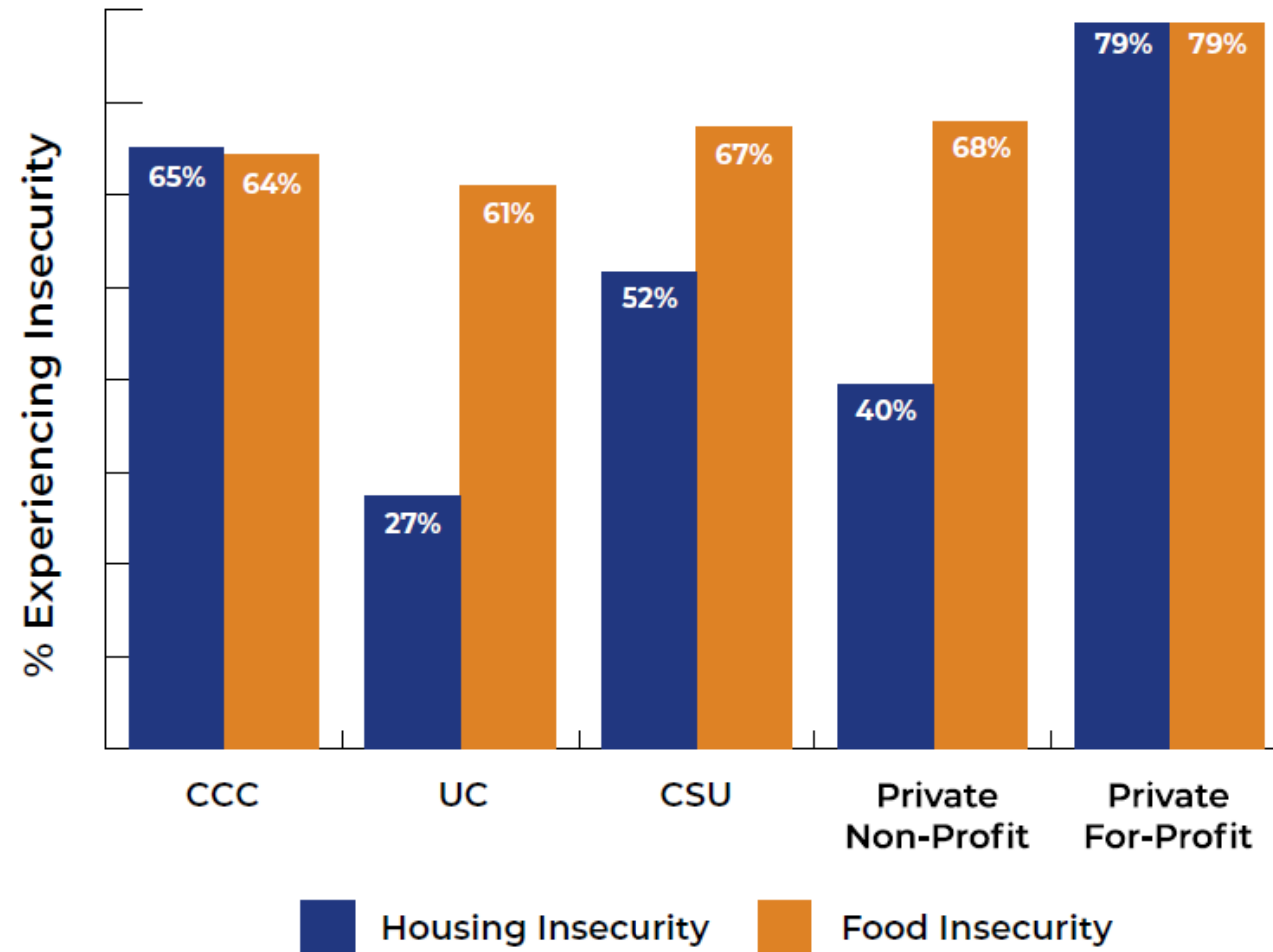
Purpose of the Food and Housing Survey

- 2018-19 SEARS items on food and housing security
 - 35% low or very low food security and 35% housing insecure
 - Removed for 2021-22 SEARS
- Focusing on students who apply for financial aid across all segments
 - Random sample of 30% of 2022-23 financial aid filers in May 2023
 - Able to analyze almost 24,000 responses across all public and private segments

Overall Rates of Food and Housing Insecurity



**FHS used a 12 month timescale versus 30 day in the 2018-19 SEARS*

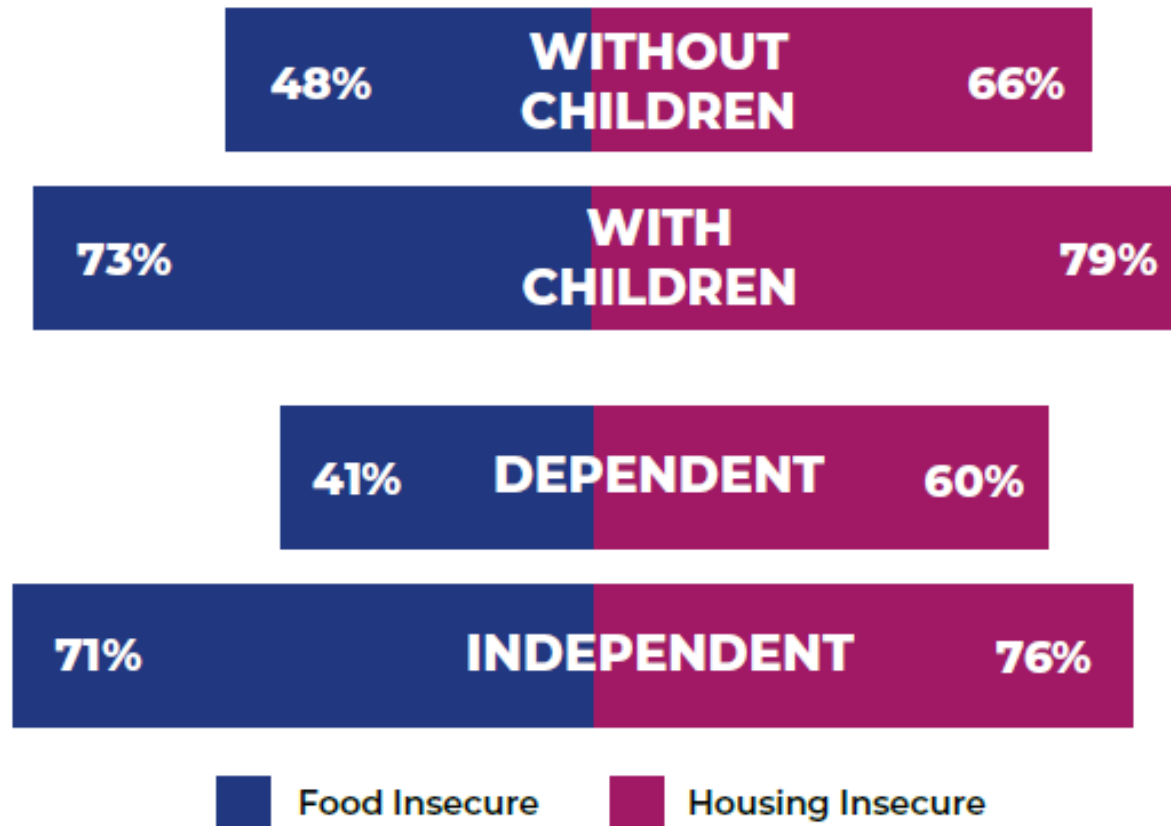


Housing rates are the primary cause of financial struggle. If gas goes up there's ways around that. Friends help with food. Nothing helps keep a roof over your head except the cash.

Who is Most Likely to be Basic Needs Insecure?

- At least 24 years of age
- Independent
- Female
- African American or Latino/Hispanic
- Parents or primary caretakers of a child
- Attending a California Community College or private for-profit institution
- Eligible for Zero Expected Family Contribution (EFC)

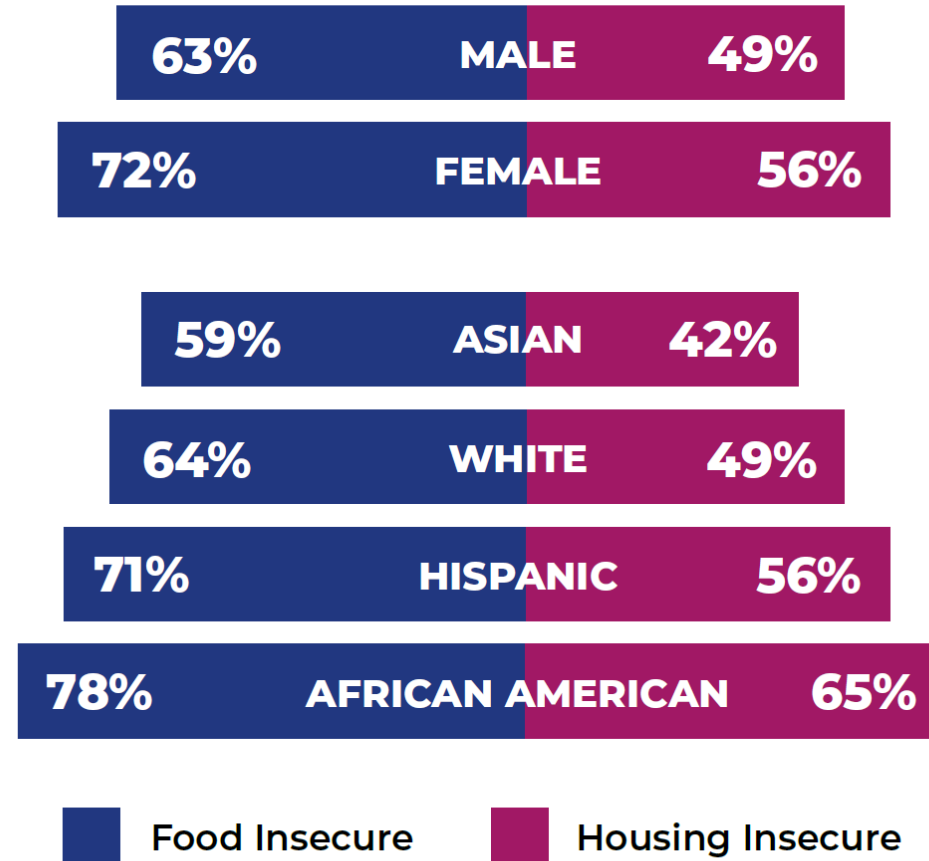
Percent of Students Who Are...



Food and Housing Monthly Expenses

	Food		Housing	
	Secure	Insecure	Secure	Insecure
Dependent	\$471	\$696	\$1,057	\$985
Independent	\$826	\$897	\$1,437	\$1,520

Percent of Students Who Were...



*It can be overwhelming because you don't have a
life because all you do is trying to survive.*

Students are using a multitude of resources to cover basic needs

- But there is insufficient support available to help students establish food and housing security.
- 26% of food insecure students reported receiving CalFresh.
- 60% of students reported working, with an average of 24 hours per week.
- Students across all segments are taking on loan and credit card debt.



	CCC	UC	CSU	PRIVATE NON-PROFIT	PRIVATE FOR-PROFIT
Student loans	9%	39%	35%	60%	68%
Credit cards	27%	25%	29%	28%	37%
Money from parent(s)/ guardian(s)/others	27%	57%	40%	52%	26%

	Student loans	Credit cards
All Respondents	25%	27%
Housing Insecure	26%	34%
Food Insecure	29%	32%

It is really hard to work enough afford to live and balance being a full-time student. My 24 hours are not the same as other students, who have the privilege of investing more time into their studies.

Students remain committed to higher education despite challenges

- Among students who did not enroll, educational and living costs were cited as primary challenges to enrollment.
- For students who did enroll in the 2022-23 school year, difficulty covering the cost of housing and/or food caused 8% to withdraw from college and 13% to reduce courses.

*It's hard, and that is why I am going to school,
so it won't be anymore.*



Thank you to CCCCCO, UCOP, CSUOC, AICCU, CEHE, the California Education Lab at UC Davis, Lucas Public Affairs, the College Futures Foundation, and the students who shared their stories.